

# Youth Staff Development Course

## Personal Equipment List



- \_\_\_ Large Duffel bag or backpack (for travel)  
(You will have to carry your gear ½ mile to site.)
  - \_\_\_ Sleeping bag and sleeping pad
  - \_\_\_ Flashlight w/ extra batteries
  - \_\_\_ Hiking boots (broken in)
  - \_\_\_ Sneakers/athletic shoes (for wearing in camp)
  - \_\_\_ 2 pair wool socks and 2 pair polypropylene socks
  - \_\_\_ 2 Field uniform shirts (w/insignia)
  - \_\_\_ 3 pair uniform socks (minimum)
  - \_\_\_ 2 uniform shorts (minimum)
  - \_\_\_ Official belt
  - \_\_\_ Rain gear/poncho
  - \_\_\_ 7 changes of underwear
  - \_\_\_ Sweatshirt/sweater
  - \_\_\_ Nylon windbreaker
  - \_\_\_ Alarm Clock
  - \_\_\_ Watch (inexpensive)
  - \_\_\_ Comb
  - \_\_\_ Towel, washcloth
  - \_\_\_ Pocketknife (sharp)
  - \_\_\_ 3 ballpoint pens, small notebook
  - \_\_\_ Nylon stuff sack or large Zip-Loc bag (for storing smellables)
  - \_\_\_ Soap (in container)\*
  - \_\_\_ Toothbrush and toothpaste\*
  - \_\_\_ Shampoo\*
  - \_\_\_ Sunscreen\*
  - \_\_\_ Personal first aid items/prescription medications\*
  - \_\_\_ Mosquito repellent\*
  - \_\_\_ Chapstick\*
  - \_\_\_ 2+ water bottles (each must be at least 1 quart)
  - \_\_\_ Daypack for day hike on the Appalachian Trail
- Optional Items**
- \_\_\_ Uniform trousers
  - \_\_\_ Sunglasses
  - \_\_\_ Compass or GPS unit
  - \_\_\_ Camera
  - \_\_\_ Musical instrument
  - \_\_\_ Stamped postcards

You will be provided 2 YSDC t-shirts and a YSDC cap.

\*Indicates “smellable” items which must be stored inside, pack these items together in a separate bag.